# CELEBRATION OF "RASHTRIYA POSHAN MAAH" IN SCHOOLS

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• Organize POSHAN Assemblies with students in virtual/ physical mode to discuss malnutrition, its impact on society and value of healthy and balanced diet.

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• Carry out a special plantation drive in School Nutrition (Kitchen) Garden.

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• Cover the portion in NCERT curriculum on nutrition and physical health in all grades in the month of September.

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• Have talks/ debates with students on the subject of nutrition during online classes.

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• Every child may be encouraged to share or offer a nutritious meal with at least one child from the underprivileged sections of the society, living in their neighborhood.

## STUDENTS IN PHYSICAL MODE TO DISCUSS MALNUTRITION





## SPECIAL PLANTATION DRIVE IN SCHOOL KITCHEN GARDEN



#### NCERT CURRICULUM SESSION ON NUTRITION AND PHYSICAL HEALTH



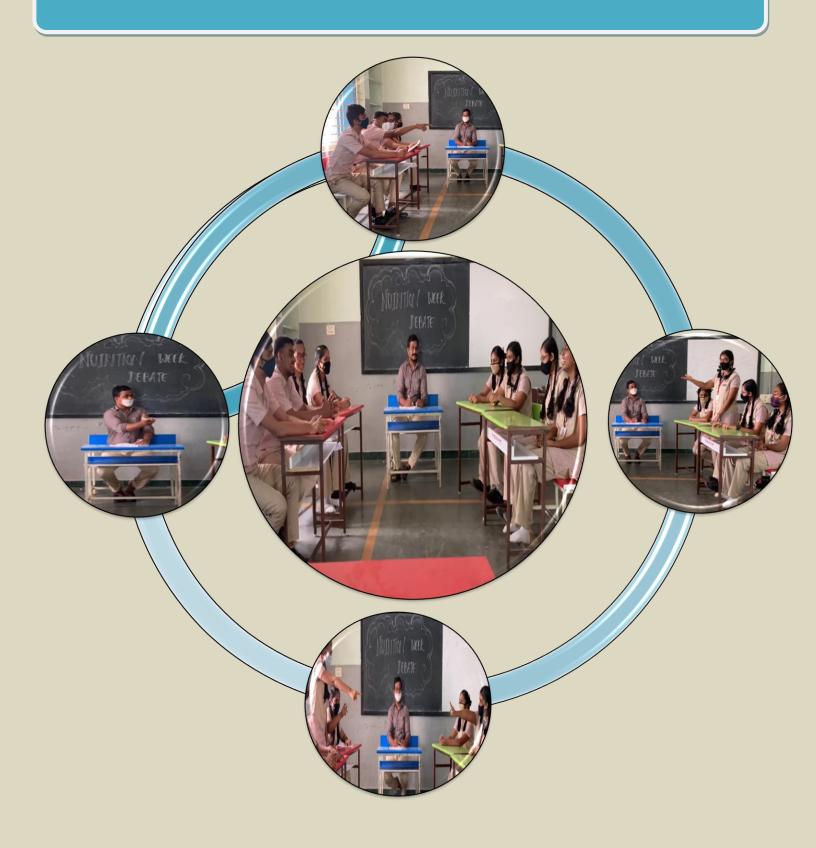








#### **DEBATES ON NUTRITION**



#### SHARING A NUTRITIOUS MEAL WITH A CHILD FROM THE UNDERPRIVILEGED SOCIETY

