

CELEBRATION OF “RASHTRIYA POSHAN MAAH” IN SCHOOLS

1

- Organize POSHAN Assemblies with students in virtual/ physical mode to discuss malnutrition, its impact on society and value of healthy and balanced diet.

2

- Carry out a special plantation drive in School Nutrition (Kitchen) Garden.

3

- Cover the portion in NCERT curriculum on nutrition and physical health in all grades in the month of September.

4

- Have talks/ debates with students on the subject of nutrition during online classes.

5

- Every child may be encouraged to share or offer a nutritious meal with at least one child from the underprivileged sections of the society, living in their neighborhood.

STUDENTS IN PHYSICAL MODE TO DISCUSS MALNUTRITION



SPECIAL PLANTATION DRIVE IN SCHOOL KITCHEN GARDEN



NCERT CURRICULUM SESSION ON NUTRITION AND PHYSICAL HEALTH



DEBATES ON NUTRITION



SHARING A NUTRITIOUS MEAL WITH A CHILD FROM THE UNDERPRIVILEGED SOCIETY

